



Governing Iowa's Public Universities

In accordance with [Board of Regents policy 3.20](#), the following required information is available below:

Fall 2026

I. Course title and number as designated in the institutional course catalog

NUR 3119: Population Health

II. A course description including learning objectives that students are expected to achieve by the end of the course

A. Course Description:

1. This course prepares the student to provide clinical prevention and population-based health care across the lifespan. Emphasis is on population-focused health promotion, policy, advocacy, infection control measures, disease and injury prevention care, climate change, health literacy, and social determinants of health to improve the nation's health. 2 credit lecture, 1 credit CLN. Prerequisite(s): NUR 2500; NUR 3000.

B. Course Level Learning Objectives:

1. Course Student Learning Objectives:

- a) Analyze public policies and the impact on the health of populations. (EPSLO 7,8) (AACN 3.4, 3.5, 7.1, 8.5)
- b) Design health promotion activities for populations at increased risk of negative health outcomes. (EPSLO 1, 2, 3, 4) (AACN 1.2, 2.5, 3.1, 4.2)
- c) Examine the nurse's role as a public health advocate (EPSLO: 3, 4, 6) (AACN3.2, 3.4, 7.1, 7.2, 9.1, 9.3, 10.2, 10.3)
- d) Compare and contrast primary, secondary, and tertiary prevention. (EPSLO: 1.7) (AACN 1.1, 2.3, 3.1, 3.3, 5.1)
- e) Synthesize the Triple Aim and the impact on nursing care across the continuum of care. (EPSLO: 4,5, 7) (AACN 2.1, 3.3, 5.1, 5.4, 7.1, 7.3, 10.1)
- f) Compare and contrast population health and population health management. (EPSLO 3) (AACN 3.1)
- g) Synthesize the contributions of the interprofessional team within population-based care. (EPSLO 6) (AACN 1.1, 3.1, 3.3, 6.3, 6.4)
- h) Identify the systemic factors which lead to health disparities and the social determinants of health. (EPSLO 3) (AACN 1.2, 3.3)



Governing Iowa's Public Universities

- i) Analyze the impact of climate change on the social and environmental determinants of health. (EPSLO: 3) (AACN 1.2, 3.1, 3.6)
- j) Identify the various public health measures that prevent and contain the spread of infectious diseases. (EPSLO 1, 4, 6) (AACN 1.2, 3.1, 3.6, 4.2, 5.2, 5.3, 6.3)
- k) Analyze approaches to assessing health literacy in population health. (EPSLO 3,4) (AACN 3.1, 3.3, 3.6, 4.2)
- l) Weekly objectives reflect integrated system-based learning and clinical decision-making grounded in the AACN Essentials domains, ensuring competency development across knowledge, person-centered care, interprofessional collaboration, and technology-enhanced safety.

III. A general outline of the topics to be covered throughout the course:

Foundation for community and public health nursing practice
Conceptual basis for nursing in the community
Health literacy
Culture of populations in communities
Social determinants of health
Health promotion
Health policy & advocacy
Environmental health (including climate change)
Disease and injury prevention
Evidence-based practice and population health
Infectious disease prevention and control
Public health surveillance and outbreak investigation
Care of vulnerable populations
Current issues in community and public health nursing
Global healthcare

IV. List of required textbooks, readings, and other materials necessary for the course

Lancaster, Marcia Stanhope, J. (2022). Foundations for Population Health in Community/Public Health Nursing.
Sherpath Online Resources per MyEvolve program
Supplementary readings will be listed in the assignments as applicable.

V. General description of the types of assessments used in the course (e.g., exams, papers, projects, experiential learning):

Exams
Quizzes
Case Studies
Elsevier Adaptive Quizzing



Governing Iowa's Public Universities

Windshield Survey Assignment
Group Presentations
Infographics and Educational Handouts
Discussion Boards
Professional Behavior
Clinical Experiences and Required Attendance
Clinical Packets and CCEI Evaluation Tools
End of Course Reflection